

BATTLE OF CHAMPIONS - Schedule - Updated 12/16/11

Awards are immediately following competition. Squads & flights may change.

JAN. 13-15, 2012

Session 1

Friday

		Level 7			
		Vault	Bars	Beam	Floor
8:00	Stretch				
8:30	1st Fl. Warm Up	FLIGHT 1			
8:45	Presentation	Twistars	Twistars	Tops	Gym Unlimited
8:50	Competition		Flip Out		Next Level
		FLIGHT 2			
		GTC	Mid Michigan	GTC	Gym America
			Sports Club	Gym America	

Session 2

Friday

		Level 7 & Level 8 & Xcell Platinum			
		Vault	Bars	Beam	Floor
11:30	Stretch				
12:00	1st Fl. Warm Up	FLIGHT 1			
12:20	Presentation	Spirit (7's & 8's)	Integrity (7's & 8's)	Bowling Green (7's)	B & B (7's & 8's)
12:25	Competition	New Heights (7's)	Livonia (7's)	Flip & Twist (L7, 8, XP)	
		Mid Michigan (XP)			
		FLIGHT 2			
		Lions (7's)	Maple City (7's)	Dayton Acad (7's & 8's)	Midland (7's + XP)
			Sunrise (8's)	Lions (7's)	

Session 3

Friday

		Level 8			
		Vault	Bars	Beam	Floor
3:30	Stretch				
4:00	1st Fl. Warm Up	FLIGHT 1			
4:20	Presentation	Gym America	Twistars	Gym America	Tops
4:20	Competition			Gym Unlimited	
		FLIGHT 2			
		Halker's Gold	Next Level	GTC	Mid Michigan
					Midland

**COACHES PARTY IN THE LOUNGE
AT THE PARK INN HOTEL
FRI. NIGHT 8:30PM**

Session 4

Sat.

8:00-8:30 Stretch
 8:30-8:40 1st Fl. Warm Up
 8:40 Presentation
 8:45 Competition

Level 6			
Vault	Bars	Beam	Floor
FLIGHT 1			
Flip & Twist	Twistars	Mid Michigan	Twistars
		Toledo	Gym America
FLIGHT 2			
GTC	Great Lakes Elite	GTC	Lions
	Sunrise	Livonia	

Session 5

Saturday

11:15-11:45 Stretch
 11:45 1st Fl. Warm Up
 12:00 Presentation
 12:05 Competition

Level 3 & 4			
Vault	Bars	Beam	Floor
FLIGHT 1			
Flip & Twist's (3's)	Gym Unlimited (4's)	Next Level (3's)	Great Lakes (3's)
Bowling Green (4's)	Spirit (4's)		Sports Club (4's)
FLIGHT 2			
Halker's Gold (3's & 4's)	New Height's (3's)	Bounce (4's)	New Heights (4's)
		Dayton Academy (4's)	Toledo (3's & 4's)

Session 6

Saturday

2:45-3:15 Stretch
 3:15 1st Fl. Warm Up
 3:30 Presentation
 3:35 Competition

Level 4			
Vault	Bars	Beam	Floor
FLIGHT 1			
Sunrise	Livonia	Next Level	Flip & Twist
		Sunrise	
FLIGHT 2			
Twistars	Mid Michigan	Gym America	Great Lakes
			Twistars

Session 7

Saturday

6:15-6:45 Stretch
 6:45 1st Fl. Warm Up
 7:00 Presentation
 7:05 Competition

Level 9 & Level 10			
Vault	Bars	Beam	Floor
FLIGHT 1			
Integrity (L9)	Tops (L9's, 10's)	Mid Michigan L9's & 10's)	Maple City (L9's, 10's)
B & B (L10)		Flip & Twist (L9's)	Midland (L9's)
Dayton Acad (L9)			
Halker's Gold (L9)			
FLIGHT 2			
Twistars (L9's)	Twistars (L10's)	Twistars (L10's)	Gym America (L9's, 10's)
	Next Level (L9)		GTC (L9)
	Sports Club (L10)		

Session 8

Sunday

8:00 Stretch
 8:3--8:45 1st Fl. Warm Up
 8:45 Presentation
 8:50 Competition

Xcel Bronze, Silver, Gold			
Vault	Bars	Beam	Floor
FLIGHT 1			
All Around (XB,XS)	Flip & Twist (XS, XG)	Midland (PS)	Flip & Twist (XB)
Spirit (XS)	Sunrise (XG)	Great Lakes (XB,XS,XG)	Sports Club (XS)
		Flipped Out	
FLIGHT 2			
Halker's Gold (XG)	Gym America (XS)	Gym America (XB, XG)	Bowling Green (XS)
Next Level (XG)			Dayton Academy (XG)
			Mid Michigan (XG)

Session 9

Sunday

12:45-1:15 Stretch
 1:15-1:30 1st Fl. Warm Up
 1:30 Presentation
 1:35 Competition

Level 5			
Vault	Bars	Beam	Floor
FLIGHT 1			
GTC	Spirit	Gym America	GTC
	Sports Club	Toledo	Bowling Green
			Next Level
FLIGHT 2			
Halker's Gold	Sunrise	Mid Michigan	Sunrise
Gym Unlimited	Dayton Acad		Gym Unlimited
	Bounce		

Session 10

Sunday

4:15 Stretch
 4:45-5:00 1st Fl. Warm Up
 5:00 Presentation
 5:05 Competition

Level 5			
Vault	Bars	Beam	Floor
FLIGHT 1			
Twistars	Livonia	Twistars	Livonia
FLIGHT 2			
Flip & Twist	GTC	Flip & Twist	GTC
			Maple City